



5430 Boone Ave. N.,
New Hope, MN

763-592-3000

northridgehealthandrehab.com

TRANSITIONAL CARE AND SHORT-STAY REHABILITATION

With today's shorter hospital stays, many patients are discharged before they're fully healed—or able to handle the challenges of everyday life at home, independently. Our community of care centers offers skilled nursing, post-surgical and post acute services to ensure a safe, healthy transition to home. We start by consulting with your physician to create a comprehensive care plan for your stay.



PHYSICAL THERAPY

For patients who face physical limitations, our licensed physical therapists and licensed physical therapy assistants provide treatments that may include:

- Training in areas of bed mobility, transfers, and gait
- Treatment of lower extremity dysfunction
- Strength training
- Balance and coordination
- Pain management
- Amputee and prosthetic training
- Wound management
- Home evaluation to assess the need for modifications for a safe return to the home environment.



SPEECH-LANGUAGE THERAPY

For patients who experience hearing, language, communication, and swallowing disorders, we focus on improving speech-language expression, comprehension, and oral motor skills for more accurate speech production. Therapies may include:

- Receptive/expressive language skills
- Aural rehabilitation
- Dysphagia management
- Cognitive rehabilitation



OCCUPATIONAL THERAPY

For individuals experiencing functional limitations in self-care skills and activities of daily living due to physical, cognitive or perceptual disabilities, an occupational therapy treatment plan may include:

- Fine and gross motor control
- Modified dressing techniques, grooming, bathing, and home management skills
- Training in the use of adaptive devices
- Cognitive skills development
- Upper body strengthening and coordination
- Home evaluation to assess the need for adaptive equipment and to promote safety within the home environment.



RESPIRATORY THERAPY

When the very best in respiratory therapy is needed, we are dedicated to providing a variety of respiratory care services including:

- Patient education
- Patient assessment, diagnostic evaluation and care planning
- Therapeutic use and monitoring of oxygen equipment
- Bronchial hygiene therapy
- Pulmonary function tests
- Breathing retraining
- Maintaining artificial airways
- Trach weaning
- Off-site patient assessment prior to admission



Our post acute services include:

- 24-Hour Skilled Nursing
- IV Therapy, Peripheral, Central and PICC Lines
- Extensive Wound Care
- Tracheotomy and Respiratory Care
- Radiology Services
- Laboratory & Pharmacy Services
- Nutritional Services
- Monitoring of Vital Signs.

CALL FOR A TOUR
763-592-3000