



WELCOME



THE MISSION EXPERIENCE



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Our community of care offers expert rehabilitation and nursing services with the individual attention you and your family deserve. We've designed a comprehensive suite of services to ensure your wellness and enrich your life.





TRANSITIONAL CARE



Moving from hospital to home.

With today's shorter hospital stays, many patients are discharged before they're fully healed—or able to handle the challenges of everyday life at home, independently. Our community of care centers offers skilled nursing, post-surgical and post acute services to ensure a safe, healthy transition to home. We start by consulting with your physician to create a comprehensive care plan for your stay. Our post acute services include:

- 24-Hour Skilled Nursing
- IV Therapy, Peripheral, Central and PICC Lines
- Extensive Wound Care
- Tracheotomy and Respiratory Care
- Radiology Services
- Laboratory & Pharmacy Services
- Nutritional Services
- Monitoring of Vital Signs.

SHORT-STAY REHABILITATION SERVICES

The quickest and most effective way to recover from a fall, accident or surgery is through a proven clinical rehabilitation and therapy program. Our specialized rehabilitation program promotes a fast recovery and a better quality of life. Expert therapists will help you get back your independence and mobility through goal setting, personalized therapy and one-on-one life skills training.

PHYSICAL THERAPY

For patients who face physical limitations, our licensed physical therapists and licensed physical therapy assistants provide treatments that may include:

- Training in areas of bed mobility, transfers, and gait
- Treatment of lower extremity dysfunction
- Strength training
- Balance and coordination
- Pain management
- Amputee and prosthetic training
- Wound management
- Home evaluation to assess the need for modifications for a safe return to the home environment.

SPEECH-LANGUAGE THERAPY

For patients who experience hearing, language, communication, and swallowing disorders, we focus on improving speech-language expression, comprehension, and oral motor skills for more accurate speech production. Therapies may include:

- Receptive/expressive language skills
- Aural rehabilitation
- Dysphagia management
- Cognitive rehabilitation.

OCCUPATIONAL THERAPY

For individuals experiencing functional limitations in self-care skills and activities of daily living due to physical, cognitive or perceptual disabilities, an occupational therapy treatment plan may include:

- Fine and gross motor control
- Modified dressing techniques, grooming, bathing, and home management skills
- Training in the use of adaptive devices
- Cognitive skills development
- Upper body strengthening and coordination
- Home evaluation to assess the need for adaptive equipment and to promote safety within the home environment.

RESPIRATORY THERAPY

When the very best in respiratory therapy is needed, we are dedicated to providing a variety of respiratory care services including:

- Patient education
- Patient assessment, diagnostic evaluation and care planning
- Therapeutic use and monitoring of oxygen equipment
- Bronchial hygiene therapy
- Pulmonary function tests
- Breathing retraining
- Maintaining artificial airways
- Trach weaning
- Off-site patient assessment prior to admission

LONG-TERM CARE



■ DAILY ACTIVITIES (INDIVIDUAL & GROUP FORMATS)

Our residents are encouraged to participate in a variety of activities including stimulating and therapeutic exercises, special outings, educational programming, games, movies, trivia competitions, current events discussions, and more.

■ VISITING GROUPS AND ENTERTAINERS

We welcome a wide range of visiting performers and groups, including singers, dancers, musicians, artists, lecturers, school and youth groups, crafters, and more.

■ DINING & MEAL SERVICES

Mealtime is a social highlight of the day for many of our residents, and with good reason. We provide a first-rate dining experience, with delicious, nutritionally balanced meals. And of course, we provide all the comforting favorites when holidays roll around. Turkey and pumpkin pie at Thanksgiving, sheet cakes on birthdays, and summer barbecues are perennial favorites!

■ WORSHIP SERVICES

Spiritual wellbeing is a cornerstone of our wellness focus. Our community provides ample opportunities for religious and spiritual enrichment including ecumenical worship services and access to spiritual care providers.

In our care community, we place a high value on wellness and quality of life. We know that all of our residents have lived rich, full lives, and that each one brings something special and valuable to our community.

In addition to our therapy and rehabilitative services, we provide our long-term residents with a full complement of activities, programs and events to nurture their minds, bodies and spirits.

RESPITE CARE



Caregivers need care, too.

When someone you love needs full-time care, daily life can be stressful. It's not easy to hold a job, raise a family, or live a normal life while being the primary caregiver for a loved one. Our community provides respite services so that caregivers can regain their emotional and physical balance, reconnect with each other, and experience the joy of a free day, or week—or longer.

With our respite care services, your family member can spend time in a caring, safe environment staffed with health care professionals 24 hours a day. We provide a full range of services, including assistance with daily living activities, nutritious meals, and opportunities for mental stimulation, recreation, and socialization. Medications and prescribed treatments can also be administered by our nursing staff.

HOSPICE CARE

Letting go with dignity and compassion.

When someone we love is approaching the end of life, our main concern is for his or her comfort. In our community, we believe that everyone has the right to die in peace and with dignity, and according to his or her wishes. We provide palliative and end-of-life hospice care through local hospice providers. Our goal is to make this precious time as comfortable and peaceful as possible for your family.

Your hospice team may include nurses, a social worker, home health aides, clergy, and volunteers. Spiritual and grief counseling is available, along with extended visiting hours for families.



